



THE *sorrowful* MYSTERIES



TUESDAY & FRIDAY

1. Agony in the Garden (Fruit of the Mystery: Sorrow for Sin)

"Then Jesus went with them to a place called Gethsemane, and he said to his disciples, 'Sit here, while I go yonder and pray.' And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, 'My soul is very sorrowful, even to death; remain here, and watch with me.' And going a little farther he fell on his face and prayed, 'My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will'" (Mt 26:36-39).

2. The Scourging at the Pillar (Fruit of the Mystery: Death to Sin)

"Pilate released Barabbas to them, but after he had Jesus scourged, he handed him over to be crucified" (Mt 27:26).

3. The Crowning with Thorns (Virtue: Courage)

"Then the soldiers of the governor took Jesus into the praetorium, and they gathered the whole battalion before him. And they stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand. And kneeling before him they mocked him, saying, 'Hail, King of the Jews!'" (Mt 27:27-29).

4. The Carrying of the Cross (Fruit of the Mystery: Patience)

"And they compelled a passer-by, Simon of Cyrene, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. And they brought him to the place called Golgotha (which means the place of a skull)" (Mk 15:21-22).

5. The Crucifixion: (Fruit of the Mystery: Perseverance)

"And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. And Jesus said, 'Father, forgive them; for they know not what they do' ... It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, 'Father, into thy hands I commit my spirit!' And having said this he breathed his last" (Lk 23:33-46).

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